



Menu, Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<p style="text-align: center;">Children are offered a selection of *Kellogg's Cereal Selection *Porridge *Wholemeal Toast with Preserves or Honey *Milk or Water</p>				
Snack	Humus and breadsticks Milk or water	Apple and cereal Milk or water	Cucumbers and crackers Milk or water	Melon and orange Milk or water	Apricot and pears Milk or water
Lunch	Vegetable fried rice Bananas and custard Water	Spaghetti Bolognese (Vegetarian Option) Fruit cocktail Water	Leek and bacon tartiflette and vegetables (Vegetarian Option) Yoghurt Water	Greek chicken with tzatziki (Quorn chicken) Mandarins and cream Water	Shepherd's pie and peas (Vegetarian option) Shortbread cookies Water
Snack	Oranges and raisins Milk or water	Banana and pear Milk or water	Pineapple and grapes Milk or water	Peach and raisins Milk or water	Banana and apple Milk or water
Tea	Sandwich selection with fresh salad Water	Jacket potatoes and bean chili with cheese Water	Meatballs and beans on toast Water	Pea and courgette pasta Water	Pizza fingers and fresh salad Water

*Where it is not possible to comply with the intended menu, we reserve the right to make substitutions. All our meat is provided fresh each morning by Perrins Butchers and all our fruit and vegetables are provided by a local provider, directly from the London markets.

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